



SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL, NASHIK

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422003 Contact: 0253-2621565; Fax: 0253-2621638; Email: ssamnsk@gmail.com; Website: www.ssam.in

Lecture & Practical TIME TABLE - I YEAR B A M S (Syllabus 2021)

Academic Year 2024-25

1st year BAMS (2024-25)	Monday	Tuesday	Wednesday	Thursday	Time	Friday	Saturday	
8-9 am							Physical Education & Yoga	
9-10 am	Sanskrit (TH) Vda. Bhujbal D.	Sanskrit Vda. Bhujbal D.	Sanskrit Vda. Bhujbal D.	Ayurved Itihas (TH) Vda. Bhujbal D.	9-10 am	Ayurved Itihas Vda. Bhujbal D.	Sanskrit Vda. Bhujbal D.	
10-11 am	Kriya Sharir (TH) Vd. Vrushali Patil/ Vd.Kulkarni R.	Rachana Sharir (TH) Vd. Sagare	Rachana Sharir (TH) Vd. Sagare	Rachana Sharir (TH) Vd. Sagare	10 -11 am	Rachana Sharir (TH) Vd. Bhoje A.	Kriya Sharir (TH) Vd. Khandre V	
11-12 am	Samhita Adhyayan Vd. Chaudhari R.	Samhita Adhyayan Vd. Chaudhari R.	Samhita Adhyayan (TH) Vd. Chaudhari R.	Samhita Adhyayan (TH) Vd. Chaudhari R.	11- 12 pm	Samhita Adhyayan (TH) Vd. Chaudhari R./ Vd. Sharma N.	Samhita Adhyayan (Clinical) Posting Batch A/B Vd. Chaudhari R	Kriya Clinical Posting Batch B/A Vda. Patil V./ Vd. Kulkarni R.
12-1 pm	Lunch Break						Samhita Adhyayan Vd. Chaudhari R.	
1-2 pm	Padarth Vidnyan (TH) Vda. K Jadhav	Padarth Vidnyan Vda. K. Jadhav	Padarth Vidnyan (TH) Vda. K Jadhav	Padarth Vidnyan Vda. K Jadhav	1-2 pm	Padarth Vidnyan Vda. K. Jadhav	Re Creation Activity 1-3 pm 1st Saturday of Every Month	
2-4 pm	Rachana Sharir (P/ NL TH) Batch A Vd. Lahare K	Kriya Sharir (P) Batch A Vd.Kulkarni R.	Rachana Sharir (P) Batch A Vd. Bhoje A.	Kriya Sharir (P) Batch A Vd Chondikar P.	2-3 pm	Kriya Sharir Vd. Khandre V.		
2-4 pm	Kriya Sharir (P) Batch B Vd Potkule V	Rachana Sharir(P/NLTH) Batch B Vd. Lahare K	Kriya Sharir (P) Batch B Vd.Kulkarni R.	Rachana Sharir (P) Batch B Vd. Bhoje A.	3-4 pm	Samhita Adhyayan Vd. Chaudhari R.		
4-5 pm	Library / Other Activity	Library / Other Activity	Library / Other Activity	Library / Other Activity	4- 5 pm	Library / Other Activity		
4-5 pm	SL/ AL Rachan Sharir	SL /AL Kriya Sharir	SL/ AL Ashtang Sangrah	SL /AL Padarth Vidnyan		SL /AL Sanskrit & A. Itihas		

SL : Slow Learner
AL : Advance Learner



Shree Saptashrungi Ayurved Mahavidyalaya & Hospital, Hirawadi, Nashik
Time Table

Second Professional B.A.M.S. 2022-2023 (start from 2 Sept 2024)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 to 10 am LH-T Swastha Dr. Gosavi P.	9 to 10 am LH-T Swastha Dr.Gosavi P.	9 to 10 am NLH-T Samhita Adhyana -2 Dr. Dande B.	9 to 10 am LH Agad Dr. Phartale R.	9 to 10 am LH-T Swastha Dr.Aware R.	9 to 10 am NLH-T Swastha . Dr.Aware R
10 to 11 am NLH-T Samhita Adhyana- 2 Dr. Dande B.	10 to 11 am Samhita Adhyana-2 / NLH-P-Agad Dr. Dande B. / Dr.Aher D.	10 to 11:30 am NLH-P Rasa- Batch D Dr.Bedse R. Rognidan- Batch C Dr. Wagh S. Swasth-Batch A Dr.Aware R. Dravya - Batch B Dr. Patil S.	10 to 11:30 am NLH-P Rasa- Batch A Dr. Thakur Rognidan- Batch D Dr. Dalvi T. Swasth-Batch B Dr.Aware R. Dravya - Batch C Dr. Deshmukh K.	10 to 11 am NLH-T Samhita Adhyana- 2 Dr. Dande B.	10 to 11 am NLH-T Dravya Dr. Pawar P.
11 to 12 pm LH Agad Dr. Patil A.	11 to 12 pm LH Rognidan Dr.Wagh S.	11:30 to 12:30 pm NLH-T Rog Nidan Dr. Dalvi T.	11:30 to 12:30 pm NLH-T Dravya Dr. Deshmukh K.	11 to 12 pm LH Rasa Dr.Patil A.	11 to 12 pm NLH-T- Agad Dr. Aher D.
12 to 12:30 pm	12 to 12:30 pm	12:30 to 1:00 pm	12:30 to 1:00 pm	12 to 1 pm	12 to 1 pm
Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Samhita Adhyana- 2 Dr.Dande B.
12:30 to 1:30 pm LH- Dravya Dr. Patil S.	12:30 to 1:30 pm LH- Dravya Dr. Pawale P.	1 to 2 pm LH Rasa Dr.Thakur D.	1 to 2 pm LH- Dravya Dr. Dani V.	1 to 2 pm NLH-P Agad Dr.Gopal V.	1 to 2 pm SL/AL Swastha
1:30 to 3:00 pm NLH-P Rasa- Batch B Dr. Chondikar Rognidan- Batch A Dr. Dusane V Swasth-Batch C Dr.Gosavi P. Dravya - Batch D Dr. Dani V.	1:30 to 3:00 pm NLH-P Rasa-Batch C Dr.Thakur D. Rognidan-Batch B Dr.Dusane V. Swasth-Batch D Dr.Gosavi P . Dravya - Batch A Dr. Patil S.	2 to 3 pm LH-T Rognidan Dr. Dalvi T.	2 to 3 pm LH Rasa Dr.Adhav K.	2 to 3 pm NLH-T Rasa Dr.Bedse R.	Roll No. wise batch details for Practical A- 1 to 25, B- 26 to 50, C- 51 to 75, D-76 to 100
3 to 4 pm NLH -T Rasa Dr. Patil A	3 to 4 pm NLH -T Swastha Dr. Gosavi P	3 to 4 pm NLH-P-Agad Dr. Patil S.	3 to 4 pm LH-T-Rognidan Dr. Dalvi T.	3 to 4 pm NLH-T- Rognidan Dr.Dusane V.	
4 to 5 pm SL/AL Dravyaguna	4 to 5 pm SL/AL Rasashastra	4 to 5 pm SL/AL Rognidan	4 to 5 pm SL/AL Charak Samhita (P)	4 to 5 pm SL/AL Agad	
					SL-Slow Learner AL-Advance Learner



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Regular Lecture & practical TIME TABLE - III YEAR B A M S (Syllabus 2021)

Academic Year 2025-26

3rd year BAMS (2021 Pattern)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8-9 am						Physical Education & Yoga
9-10 am	Samhita Adhyayan 3 (TH) Dr Bhavana Dande	Samhita Adhyayan 3 (NLH) Dr Bhavana Dande	Samhita Adhyayan 3 (NLH) Dr Bhavana Dande	Shalakyaya Dr Amol Deshmukh	KB Dr Gaurav Deore/ Dr Shiwangi Wagh	EM (NLH) Dr Popat Jagtap
10-11 am	Clinical Posting (NLH -P) As per Batch A to F	Clinical Posting (NLH -P) As per Batch A to F	Clinical Posting (NLH -P) As per Batch A to F	Clinical Posting (NLH -P) As per Batch A to F	Research M (LH/ NLH) Dr Avinash Jadhav / Mrs Kanchan Marathe	KC Dr Sayali Yeole / Dr Kavita Patil
11-12 am	NLH Shalya Dr Dipali Kolnure / Dr Nitin Alapure	NLH Shalakyaya Dr Chetan Lahare	NLH Prasuti Dr Pooja Pande / Dr Varsha Deshmukh	NLH KB Dr Bhaskar Jadhav	NLH KC Dr Swapnali More	NLH PK Dr Anupama Patil
12-1 pm	NLH KC Dr Somdatta Kulkarni	NLH PK Dr Manjusha More / Dr Nehal More	NLH Shalya Dr Ramesh Ahire	NLH Prasuti Dr Sunil More	NLH Shalakyaya Dr Shraddha Shirsath	NLH KB Dr Vipul Dixit
1-2 pm						
2-3 pm	Shalakyaya Dr Smita Lone	Prasuti Dr Dinar Sawant / Dr Suvarna Borste	KB Dr Yogesh Surse/ Dr Kiran Shinde	Shalya Dr Aparna Raut	Prasuti Dr Pooja Pande / Dr Yogeshwar Chaudhari	
3-4 pm	PK Dr Ravi Phadol	Shalya Dr Dipali Kolnure / Dr Shubhangi Wankhedkar	KC Dr Kaveri Shinde	PK Dr Dipali Sonawane / Dr Shruti Takalkar	KC Dr Rohit Nandwalkar	
4-5 pm	Library / Other Activity	Library / Other Activity	Library / Other Activity	Library / Other Activity	Library / Other Activity	
4-5 pm	SL/ AL Strirog Prasuti Tantra/KB	SL /AL Samhita Adhyayan	SL/ AL KC/PK	SL /AL Shalya/Shalakyaya	SL /AL	SL : Slow Learner AL : Advance Learner
<p>* Internal / Departmental adjustment for LH & NLH is accepted subject to completion of required LH & NLH</p> <p>After completion of NLH for Emergency medicine , time slot of the EM will be utilized for Research methodology LH/ NLH</p>						

PRACTICAL BATCHES FOR NON-LECTURE PRACTICAL 10 am TO 11 am (CLINICAL POSTING)

Sr No.	Subject		Kaychikitsa	Shalyatantra	Shalakyatantra	Prasuti tantra	Kaumarbhritya	Panchakarma
1	April. 25	1 to 15	A	B	C	D	E	F
		16 to 30	F	A	B	C	D	E
2	June.25	1 to 15	E	F	A	B	C	D
		16 to 30	D	E	F	A	B	C
3	July.25	1 to 15	C	D	E	F	A	B
		16 to 31	B	C	D	E	F	A
4	Aug. 25	1 to 15	A	B	C	D	E	F
		16 to 31	F	A	B	C	D	E
5	Sep. 25	1 to 15	E	F	A	B	C	D
		16 to 30	D	E	F	A	B	C
6	Oct. 25	1 to 15	C	D	E	F	A	B
		16 to 31	B	C	D	E	F	A
7	Nov. 25	1 to 15	A	B	C	D	E	F
		16 to 30	F	A	B	C	D	E
8	Dec.25	1 to 15	E	F	A	B	C	D
		16 to 31	D	E	F	A	B	C
9	Jan.26	1 to 15	C	D	E	F	A	B
		16 to 31	B	C	D	E	F	A
10	Feb. 26	1 to 14	A	B	C	D	E	F
		15 to 28	F	A	B	C	D	E
11	Mar. 26	1 to 15	E	F	A	B	C	D
		16 to 31	D	E	F	A	B	C
12	April. 26	1 to 15	C	D	E	F	A	B
		16 to 30	B	C	D	E	F	A
13	June.26	1 to 15	A	B	C	D	E	F
		16 to 30	F	A	B	C	D	E
14	July.26	1 to 15	E	F	A	B	C	D
		16 to 31	D	E	F	A	B	C
15	Aug.26	1 to 15	C	D	E	F	A	B
		16 to 31	B	C	D	E	F	A